



CTC West Sussex Groups

(part of CYCLING UK)

Arun Adur

Bognor Regis & Chichester

Horsham & Crawley

PETER WILSON

EDWIN JONES

BOB MOORE

Tel: 01903 755765

Tel: 01243 267746

bobnox@virginmedia.com



Rides & Events for 2019

January, February & March

CTC
WEST
SUSSEX

START RENDEZVOUS POINT

BLi **Bognor Regis Library**
 CC **Chichester Cross**
 CLi **Chichester Library**
 FAW **Frankland Arms, Washington**
 HPP **Horsham Pavilions in the Park**
 LF **Littlehampton Footbridge**
 RSPB **RSPB Wiggonholt**
 SAR **Shoreham Airport Cafe**

SC **Sompting Church**
 TBR **Three Bridges Station**
 WP **Walberton Duck Pond**

GENERAL

BPL **Bring Packed Lunch**
 RR **Rendezvous Ride**
 B **Breakfast venue**
 L **Lunch venue**
 11's **mid morning break**
 T **Afternoon Tea venue**
 G C **Garden Centre**
 M **Miles**

~ ~ ~ ~ ~ **JANUARY** ~ ~ ~ ~ ~

Tuesday 1st

HORSHAM 10:00 TBR New Years Day Ride - Easy - 20m - Corinne

Sunday 6th

ARUN ADUR 9:30 LF **11s** RSPB , Wiggonholt L The Stonemasons Inn, Petworth - 41m - Peter
 BOGNOR 10:00 CC **Mince Pie ride** - Meet from 11:00am at Philippa & William's at 6 Garden Avenue, Bracklesham Bay.
 There will be a led ride from Chichester Cross at 10:00 am or make your own way
 £3.00 on the day - Nominate Leader on the day
 HORSHAM 10:00 HPP L Bax Castle, Two Mile Ash - Easy - 20m - Adam

Saturday 12th

BOGNOR 13:00 BLi T Manor Nursery Cafe, Runcton - Flat - 16m - Graham Crouch

Sunday 13th

ARUN ADUR 9:30 SAR **11s** Rushfields Garden Centre Cafe, Poynings L The White Horse, Maplehurst
 40m - Richard B
 BOGNOR 9:00 CC L Blossoms Cafe, Stansted (via Horndean if weather permits) - Hills - 40m - Bob Birtwell
 HORSHAM 10:00 TBR Tilgate Forest - Let's play in the woods - Medium - 20m - Bob

Thursday 17th

BOGNOR **CLUB NIGHT** at St. Ninians Hall, Pagham from 8:00pm
 Russell - Pyrenees - Graeme - Suffolk & Norfolk

Sunday 20th

ARUN ADUR 9:30 SAR **11s** Spring Gardens Nursery, Washington L The Crabtree, Lower Beeding - 40m - Ray
 BOGNOR 10:00 CC L Heidi's Cafe, Emsworth - Rolling - 30m - Arthur Smith
 HORSHAM 10:00 HPP L Scarlett Arms - Easy or Medium - 30m - Pete

Saturday 26th

BOGNOR 13:00 CLi T Hillier's Garden Centre Cafe, Fishbourne - Flat - 12m - Graeme Hodge

Sunday 27th

ARUN ADUR 9:30 FAW **11s 11s** Old Mill Cafe, Wisborough Green L The Lickfold Inn, Petworth - 45m - Dave
 BOGNOR 9:00 CC L Gartons Cafe, Midhurst - Hills - 45m - Sam Roberts
 HORSHAM 9:30 TBR L Kentish Arms / Mark Beech - Medium to Hard - 40m - Adam



~ ~ ~ ~ ~ **FEBRUARY** ~ ~ ~ ~ ~

Sunday 3rd

ARUN ADUR 9:30 SC **11s** The Jungle Cafe, Ashington **L** The Cock Inn, Southwater - 40m - Richard B
 BOGNOR 9:00 CC **L** The Village Cafe, Compton via Rowlands Castle - Hills - 40m - Edwin Jones
 10:00 CC **L** The Bumblebee Cafe, Rowlands Castle - Rolling - 25m - Arthur Smith
 HORSHAM 10:00 HPP **L** Southwater - Easy or medium - 20m - Gordon

Saturday 9th

BOGNOR 13:00 BLi **T** Edgumbes Coffee Shop, Yapton - Flat - 15m - David Sinclair

Sunday 10th

ARUN ADUR 9:30 LF **11s** Aldinbourne Country Centre **L** The Royal Oak, Hooksway - 48m - Peter
 BOGNOR 9:00 CC **L** The Glasshouse Cafe, Rotherhill Nursery, Stedham - Hills - 40m - Sam Roberts
 HORSHAM 9:30 TBR Sussex Lanes and Tracks - Easy - 30m - Gordon
 14:00 Runs List Meeting - Members Only

Sunday 17th

ARUN ADUR 9:30 SAR **11s** Stan's Bike Shack **L** The Greets Inn, Warnham - 45m - Ray
 BOGNOR 9:00 CC **L** Harrow Inn, Steep - Hills - 50m - Russell Sopp
 10:00 CC **L** Half Day Morning Only Ride **11s** The Boulevard Cafe, Wittering - Flat - 20m - Arthur Smith
 HORSHAM 10:00 HPP **L** Fishers Farm - Medium / Hard - 40m - Ken

Wednesday 20th

ARUN ADUR **CLUB NIGHT** at Ferring Village Hall from 7:30pm

Thursday 21st

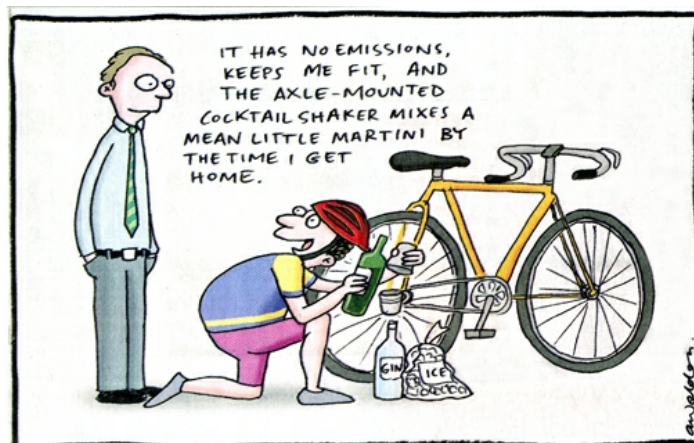
BOGNOR **CLUB NIGHT** at St. Ninians Hall, Pagham at 8:00pm
 Dave Parsons - Cycling videos

Saturday 23rd

BOGNOR 13:00 CLi **T** West Dean Garden Centre Cafe - Flat - 12m - Philippa Neville

Sunday 24th

ARUN ADUR 9:30 FAW **11s** Washbrooks, Hurstpierpoint **L** The Royal Oak, Handcross - 50m - Richard R
 BOGNOR 9:00 CC **L** Cowdray Farm Shop Cafe, Midhurst - Hills - 50m - Russell Sopp
 HORSHAM 10:00 TBR **L** The Dolphin, Betchworth / Reigate - Easy to Medium - 30m - Ros



~ ~ ~ ~ ~ **MARCH** ~ ~ ~ ~ ~

Sunday 3rd

ARUN ADUR 9:30 SAR **11s** Southwater Country Park **L** The Partridge, Partridge Green - 40m - Mick
 BOGNOR 9:00 WP **L** The Old Mill, Wisborough Green - Hills - 45m - Sam Roberts
 HORSHAM 10:00 HPP **L** Camelia Botnar - Easy - 20m - Adam

Saturday 9th

BOGNOR 13:00 BLI **T** The Forge, Slindon - Flat - 15m - Steve & Carol Woods

Sunday 10th

ARUN ADUR 9:30 FAW **11s** Camelia Botnar Cafe **L** The Milk Churn, Rudgwick - 45m - Dave
 BOGNOR 9:00 CC **L** The Wattle & Daub Cafe, Weald & Downland Museum, Singleton
 Following a hilly route first via Compton and the Mardens - Hills - 40m - Edwin Jones
 HORSHAM 10:00 TBR Kens Offroad Route East - Medium - 20m - Ken

Sunday 17th

ARUN ADUR 9:30 LF **11s** The Forge Cafe, Slindon **L** The Three Moles, Selham - 40m - Ray
 BOGNOR 9:00 CC **L** Cuppacheeno, West Meon - Hills - 50m - Jeff Lander
 10:00 CC **L** Half Day Morning Only Ride **11s** The Village Shop Cafe, Compton - Rolling - 25m - Arthur Smith
 HORSHAM 10:00 HPP **Away Day Ride** - North Kent - Medium - 30m - Pete

Thursday 21st

BOGNOR **CLUB NIGHT** at St. Ninians Hall, Pagham from 8:00pm
 Mini Travelogues - 4 presenters 15 minutes each

Saturday 23rd

BOGNOR 13:00 CLI **T** The Quarterdeck Cafe, West Itchenor - Flat - 15m - Philippa Neville

Sunday 24th

ARUN ADUR 9:30 FAW **11s** Sumners Pond, Barns Green **L** The Cricketers, Wisborough Green - 45m - Richard R
 BOGNOR 9:00 WP **L** The Milk Churn, Rudgwick - Hills - 75m - Russell Sopp
 HORSHAM 10:00 TBR **L** Proper Cycle Cafe, Hassocks - Medium / Hard - 40m - Bob

Wednesday 27th

ARUN ADUR **CLUB NIGHT** at Ferring village Hall from 7:30pm

Saturday 30th

BOGNOR Bognor Station Train assisted all day ride in London 'Planes, Boats & Markets' A ride using the Thames River Path, The Cycle Superhighway / quiet way passing Greenwich, Spitalfields & Covent Garden Market - Meet up details to follow - Flat - 40m - David Sinclair

Sunday 31st

ARUN ADUR 9:30 SAR **11s** Washbrooks, Hurstpierpoint **L** The Plough, Plumpton Green - 45m - Mick
 BOGNOR 9:00 CC **L** Fort Nelson Cafe, Portsdown Hill (Mothers Day plus Clocks go forward 1 hour)
 50m - Hills - Bob Birtwell
 HORSHAM 10:00 HPP **L** Rosies Cafe, Beare Green - Easy / Medium - 20m - Adam

